



Don't Die Young

www.dontdieyoungcares.com

iPLEDGE FOR LIFE

“As a Mother of a Murdered Son (M.O.M.S.), I created this pledge to encourage young men to believe in the great purpose on their lives. Each day, I want you to identify one (1) or any combination of the pledges on the backside of this flyer to focus on for that day. It's not about being perfect, it's about a commitment to yourself each day by saying **iPledge!**”

- Daphne Alston



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iPledge to:

1. **UPLIFT** myself and take care of my temple where GOD resides.
2. **POSITIVELY** contribute to my community.
3. **HONOR** my mother and father all the days of my life.
4. **SEEK** guidance from a trusted adult if I am ever angered or frustrated.
5. **KEEP** guns out of my hands unless my life is in danger.
6. **RESPECT** my family and my elders.
7. **PURSUE** my education to discover my greatest potential.
8. **EXPLORE** career interests to take care of myself and family.
9. **BE** a role model for other young people who are in my presence.
10. **UPLIFT** my brothers who are in the same struggle that I'm in.
11. **WALK** away from a situation that will likely result in a bad outcome.
12. **ALLOW** GOD to be the in the forefront of my life.
13. **REMIND** myself that I am more than a conqueror in GOD's eyes.
14. **LIVE** in search of GOD's purpose and will for my life.
15. **RIGHTEOUSLY** stand up against barriers that attempt to minimize me.

For more information and inspiration, visit
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